WHICH ONE SHOULD YOU JOIN?



Rec Team

SWIM SKILLS

This program for the more advanced artistic swimmers who do not want the full commitment of the competitive team



COMPETITIONS

Athletes in this category are invited to compete in the figure meet and participate in our end of year water show



PRACTICE TIMES

Tuesdays 6pm-8pm Thursdays 6pm-8pm (May choose one or two days)



PRACTICE TIMES

Saturdays from 8am-12pm (Each session is 40 minutes)

COSTS

\$130/month for once a week \$250/month for twice a week (Includes USAAS membership)



COSTS

\$99/month (Includes USAAS membership)



Lessons

SWIM SKILLS

PRACTICES

synchro skills

This program is for those who are new to Artistic Swimming and need more one on one time with a coach

We offer basic swimming

skills as well as beginner

